



**McLean HOSPITAL**  
HARVARD MEDICAL SCHOOL AFFILIATE



FOR IMMEDIATE RELEASE

**MCLEAN HOSPITAL AND THE EDI INSTITUTE  
ANNOUNCE STRATEGIC PARTNERSHIP**

December 2, 2015, Boston, MA - McLean Hospital and the EDI Institute have announced a strategic partnership to further ascertain the clinical effectiveness and impact of Expressive Digital Imagery® (EDI) in clinical settings across psychiatric conditions, levels of care, and delivery models, the two organizations announced today.

McLean has led the nation in the early use of EDI, the creation of imagery on mobile devices for therapeutic self-expression.

According to McLean Hospital President and Psychiatrist in Chief Scott L. Rauch, MD, the hospital has successfully piloted the use of EDI in its inpatient units and residential, partial hospitalization, outpatient and school-based programs.

“The feedback from our patients and clinicians has been very positive, with many sharing how EDI has helped people express themselves in new and more effective ways and how much the program has helped open up avenues of communication,” said Rauch. “The expanded partnership between McLean and the EDI Institute will allow us to better understand the effectiveness of EDI in improving the patient care experience.”

"We are thrilled to be expanding our successful and collaborative partnership with McLean to further broaden and innovate the use of Expressive Digital Imagery® in promoting recovery and emotional resilience for those facing mental health challenges," said Steven Koppel, founder of the EDI Institute.

In this partnership, the EDI Institute will provide McLean Hospital, the largest psychiatric affiliate of Harvard Medical School, with priority access to EDI Institute innovations, with McLean serving as an ongoing learning laboratory for the integration and testing of EDI. Both groups will also collaborate in identifying opportunities for increasing the use of EDI within McLean, and across the country in additional therapeutic settings.

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## About McLean Hospital

McLean Hospital is the largest psychiatric affiliate of Harvard Medical School and a member of Partners HealthCare, and is dedicated to improving the lives of people and families affected by psychiatric illness. The hospital offers a full continuum of care including inpatient, acute and longer-term residential, partial hospital, and outpatient services. McLean has been ranked the number one freestanding psychiatric hospital in the country by U.S. News Best Hospitals rankings—a distinction it has held for more than 20 years. For more information about McLean, visit [mcleanhospital.org](http://mcleanhospital.org).

## About the EDI Institute

The EDI Institute is a 501(c)(3) nonprofit that partners with medical, community, and educational organizations to promote recovery and emotional resilience through imagery created on mobile devices. The EDI Institute team includes leaders in the fields of mental health, research, and expressive therapies from McLean Hospital, Massachusetts General Hospital, Partners HealthCare, and Lesley University. We are committed to improving clinical outcomes for any chronic illness by identifying and disseminating best practices, performing scientific research, and innovating new technologies. For more on the EDI Institute, visit [ediinstitute.org](http://ediinstitute.org).

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